

SRI GURU NANAK DEV KHALSA COLLEGE

(University of Delhi)

Webinar on Cancer Awareness

Organised By- National Service Scheme Unit

Date-26, August , 2021

Number of Participants: 36

NSS unit of SGND Khalsa College organised a webinar on - Cancer Awareness. NSS volunteers and college faculty took active participation.

Chief Guest of the event : **Dr. Pragya Singh and Dr. Suversha Khanna**

On 26 August, there was a webinar on Cancer Awareness. NSS team provided an opportunity to its volunteers to join webinar through google meet. There was an active participation from the NSS Volunteers.

Firstly, Dr. Pragya started with a game through which she explained that how cancer is dangerous but still it has its prevention too. Further, she explained to us that how a millions of people are suffering from cancer all over the world. She told that Lungs cancer is the most common cancer among men whereas Cervical cancer is the most common cancer among women. She also discussed a test among us i.e Pepsinogen Test which is a predictor of Gastric Cancer. She also told us about a no. which is "Quitline no." This no. can be used by anyone who wants to quit smoking. Here, they provide step by step suggestions to quit smoking.

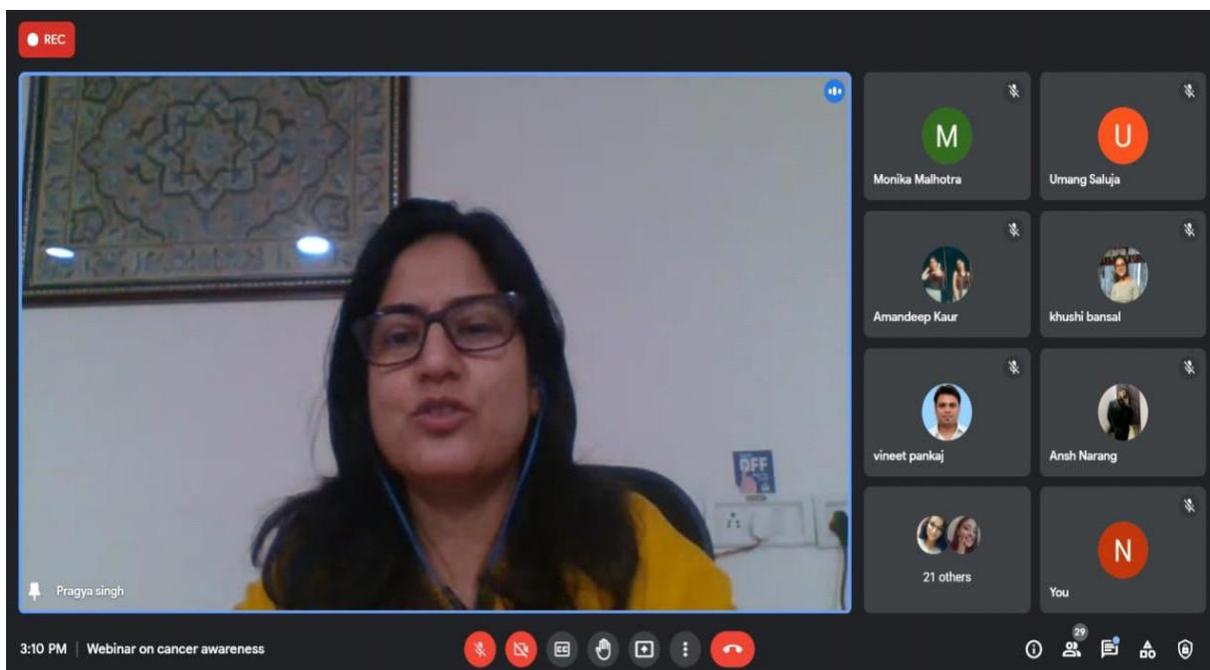
After that, Dr. Suversha started, she told us about the Palliative care which is a holistic care of patients, suffering from incurable, chronic, progressive life threatening diseases. Here, a team approach to address the needs of patients and their families. She added that Palliative care can be done in centres as well as in families by the family members. She told us that how Palliative care is different from Hospice Care. Palliative Care start with diagnosis and continues through life

whereas Hospice Care is done when all treatment is stopped. In this there is no intension to improve the life span. Also, she said our lifestyle is the most essential thing to keep us fit and healthy. So, we must follow a proper diet to maintain our health.

At the end there was a query session where the speakers answered the questions.

The event ended with our convenor Dr. Deepmala and Dr. Savilata's vote of thanks.

The duration of the webinar was 2 hours, i.e, 3:00pm to 5:00pm.



REC Pragya singh is presenting

CANCER PREVENTION

DHARAMSHILA CANCER FOUNDATION AND RESEARCH CENTRE

CANCER RISK IN INDIA

GOOD NEWS

3:15 PM | Webinar on cancer awareness

REC Preventive Oncology is presenting

Preventive Oncology

Preventive Oncology is presenting

4:06 PM | Webinar on cancer awareness

What all is included in Palliative Care

- **Pain management**
- **Palliative surgical procedures**
 - Tracheostomy, Gastrostomy, Feeding Jejunostomy, Colostomy, Suprapubic Catheterization, Percutaneous Nephrostomy, Toilet Mastectomy, Intercostal Drainage, External Carotid Artery Ligation etc.
- **Palliative medical procedures**
 - Pleural, Ascetic and Pericardial Tapping, Ryles tube insertion, Catheterization
- **Palliative radiation therapy**
 - Radiation is given to relieve pain and pressure symptoms to prevent paralysis.

P

Pragya Singh

M

Monika Malhotra



vineet pankaj

S

Shika Gupta



Preventive Oncology



Mohd. Farhan

M V

29 others

N

You





SRI GURU NANAK DEV KHALSA COLLEGE

University of Delhi



NATIONAL SERVICE SCHEME

Presents a webinar on

CANCER AWARENESS

In Collaboration With

**"DHARAMSHILA CANCER FOUNDATION AND
RESEARCH CENTER"**



Dr. PRAGYA SINGH

Sr. Manager – Projects

Dharamshila Cancer Foundation

And Research Centre

GUEST SPEAKERS



Dr. SUVERSHA KHANNA

Founder Cum President of

Dharamshila Cancer Foundation

And Research Centre

DATE AND TIME:- 26 AUGUST 2021, THURSDAY AT 3:00 PM

EVENT VENUE :- GOOGLE MEET

Prof. Gurmohinder Singh
(Oftg.Principal)

Dr. Deepmala
(NSS Programme Officer)

Dr. Savilata Yadav
(Coordinator)

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FOR FURTHER QUERIES

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