



SRI GURU NANAK DEV KHALSA COLLEGE
(UNIVERSITY OF DELHI)
NAAC Accredited "A"
DEV NAGAR, NEW DELHI-110 005

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Post-Event Report

Event	Nasha Mukht Bharat Abhiyan: Youth for a Drug-Free India (A Two-Day Awareness Programme), Day 2
Topic	Substance Abuse Among Youth: Prevention, Awareness and the Path to Recovery
Organizer	National Service Scheme
Date	27 th August 2026
Time	1:50 PM Onwards
Duration	4 hours
Place/Platform	Seminar Hall
Number of Participants	43
Guest Speaker/Trainer	Dr. Mina Chandra, HoD, Psychiatry, Head of the Centre of Excellence in Mental Health and Drug Addiction Treatment Centre ABVIMS & Dr. RML Hospital, New Delhi
Welcome Speech by	Preksha Bhatia (Anchor)
Introduction to the Speaker by	Dr. Bhawna Kohli
Activities (if any)	• The programme began with Shabad and was followed by the lamp lighting, marking the formal inauguration. • A short film on Nasha Mukht Bharat Abhiyan, launched on 15th August 2020 by the Ministry of Social Justice & Empowerment, was shown. • Dr. Mina Chandra addressed the participants and conducted an informative session on substance abuse among youth, focusing on prevention, awareness and the path to recovery. • She explained the causes and effects of drug addiction, discussing factors such as peer pressure, curiosity, stress, emotional difficulties, social influences and experimentation. • The session covered prevention and treatment methods, with emphasis on early identification, awareness, healthy coping mechanisms and seeking timely professional help.

- **Students participated actively in the interactive discussion.** They raised questions and shared their views regarding substance abuse, its prevention and the challenges faced by young people.
- **The programme concluded with the Nasha Mukh Bharat Pledge.** The participants took the pledge to stay away from substance abuse and to contribute towards creating awareness about the harmful effects of drugs and other addictive substances.

Main Ideas

- .The program focused on the importance of creating awareness among young people about the risks associated with substance use and encouraged them to make informed and responsible choices.
- It focused on the harmful effects of substance abuse on physical and mental well-being, academic performance, relationships and overall quality of life.
- It was highlighted that counselling, medical support, rehabilitation and a supportive family, along with a supportive social environment, are important in the process of recovery. Students were encouraged to avoid stigma and support individuals who are trying to overcome substance dependence.
- The interactive nature of the session helped students better understand the importance of making healthy choices and contributing towards the vision of a **Nasha Mukh Bharat**.
- The pledge reinforced the collective responsibility of the students and NSS volunteers to promote a healthy, safe and drug-free society.

Vote of thanks

Dr. Bhawna Kohli

Feedback (Share the link of the Google Form & attach the Excel File generated therein)

NA

Attendance Sheet (Attach Photocopy)

SOCIETY NAME:

NSS

DATE: 20/12/26

CONVENOR NAME:

Mrs. Shweta Khatun

S.No.	Name	Class	Year	Roll No.	Signature
1	Pankaj	MSc.ED	2nd	1128	Soni
2	Sadika	MSc.ED	2nd	1108	Sadika
3	Yash	MSc.ED	2nd	1141	Sadika
4	Rishi	B.A. (H)	2nd	1335	Soni
5	Sinchan	B.A. (H)	2nd	1314	Soni
6	Samiksha	B.A. (H)	2nd	1320	Samiksha
7	Shikhar	B.A. (H)	1st	1109	Talwar
8	D. Lakshmi	B.COM	1st	0094	D. Lakshmi
9	Anshpreet Kaur	B.COM	1st	0049	Anshpreet
10	Taniya Singh	B.COM	1st	0024	Taniya Singh
11	M. S. Singh	B.A. (H)	1st	721	Talwar
12	Prashant Harsana	B.A. (H)	1st	723	Talwar
13	Samiksha	B.A. (H)	1st	722	Samiksha
14	Nancy Kumari	B.A. (H)	1st	0702	Nancy
15	Ashutosh Sharma	B.A. (H)	2nd	1356	Ashutosh
16	Groind	B.A. (H)	2nd	1311	Groind
17	Lakshay Raghuvanshi	B.Sc	2nd	1362	Lakshay
18	Himanshu Kumar	B.Sc	2nd	1350	Himanshu
19	Anuj Yadav	B.Sc	2nd	1355	Anuj
20	Raghu	B.Sc	2nd	1364	Raghu

CONVENOR SIGN:

(Signature) 20/12/26

DESIGNATION:

NSS Programme officer

SOCIETY NAME : NSS DATED : 27/8/2026

CONVENOR NAME : Mrs. Bhawna Kohli

S.No.	Name	Class	Year	Roll No.	Signature
21	Pooja Kaur	MAT	2 nd	1366	Pooja Kaur
22	Dhruv Kumar	MAT	2 nd	1368	Dhruv
	Aditya Sharma	MAT	2 nd	1367	Aditya
24	Manoj Kumar	Eng(H)	3 rd	531	Manoj
25	Prabhat	BAP	3 rd	3198	Prabhat
26	Avi T	B.CA	2 nd	1851	Avi
27	Vaish Rastogi	MAT	2 nd	1345	Vaish
28	Yug Kedia	MAT	2 nd	1370	Yug
29	Kanya Jain	RAP	3 rd	2248	Kanya
30	Pooja Bhatia	BAP	3 rd	2216	Pooja
31	Ranjit	Hindia	1 st	710	Ranjit
32	Karan Yadav	Hindia	1 st	905	Karan
33	Shikha	HJM	1 st	904	Shikha
34	Anshu Kaur	BCOM(H)	1 st	0049	Anshu
35	Amit	HIS	2 nd	1130	Amit
36	D. Jha	BCOM	1 st	0094	D. Jha
37	Tanya Singh	BCOM(H)	1 st	0024	Tanya
38	Shagun	HJM	1 st	0915	Shagun
39	Muskan Singh	HJM	1 st	0907	Muskan
40	Rishabh	HJM	1 st	0918	Rishabh
41	Rishabh	BAP	1 st	5249	Rishabh
42	Rishabh	BAP	1 st	3202	Rishabh
43	Rishabh	BAP	2 nd	2170	Rishabh

DESIGNATION : NSS Programme Officer

Plat No.
27/8/26
NSS Programme Officer

Poster (Attach below)



SRI GURU NANAK DEV KHALSA COLLEGE

(University of Delhi)

NAAC ACCREDITED GRADE 'A'



NATIONAL SERVICE SCHEME

Organizes

NASHA MUKT BHARAT ABHIYAN

"Youth for a Drug-Free India"

A TWO - DAY AWARENESS PROGRAMME

(25th & 27th August 2026)

TALK ON

**Substance Abuse Among Youth: Prevention,
Awareness and the Path to Recovery**



DAY2



27th August 2026



1:50 PM



Seminar Hall



(Dr Mina Chandra)

HoD Psychiatry

**Head of Centre of Excellence in Mental Health and
Drug Addiction Treatment Centre**

ABVIMS and Dr RML Hospital

New Delhi

**CHOOSE LIFE
NOT DRUGS**

Certificates will be provided to all the participants

Dr. Bhawna Kohli
(NSS Programme Officer)

Dr. Baljeet Singh
(Officiating Principal)



nss.sgndkhalsa



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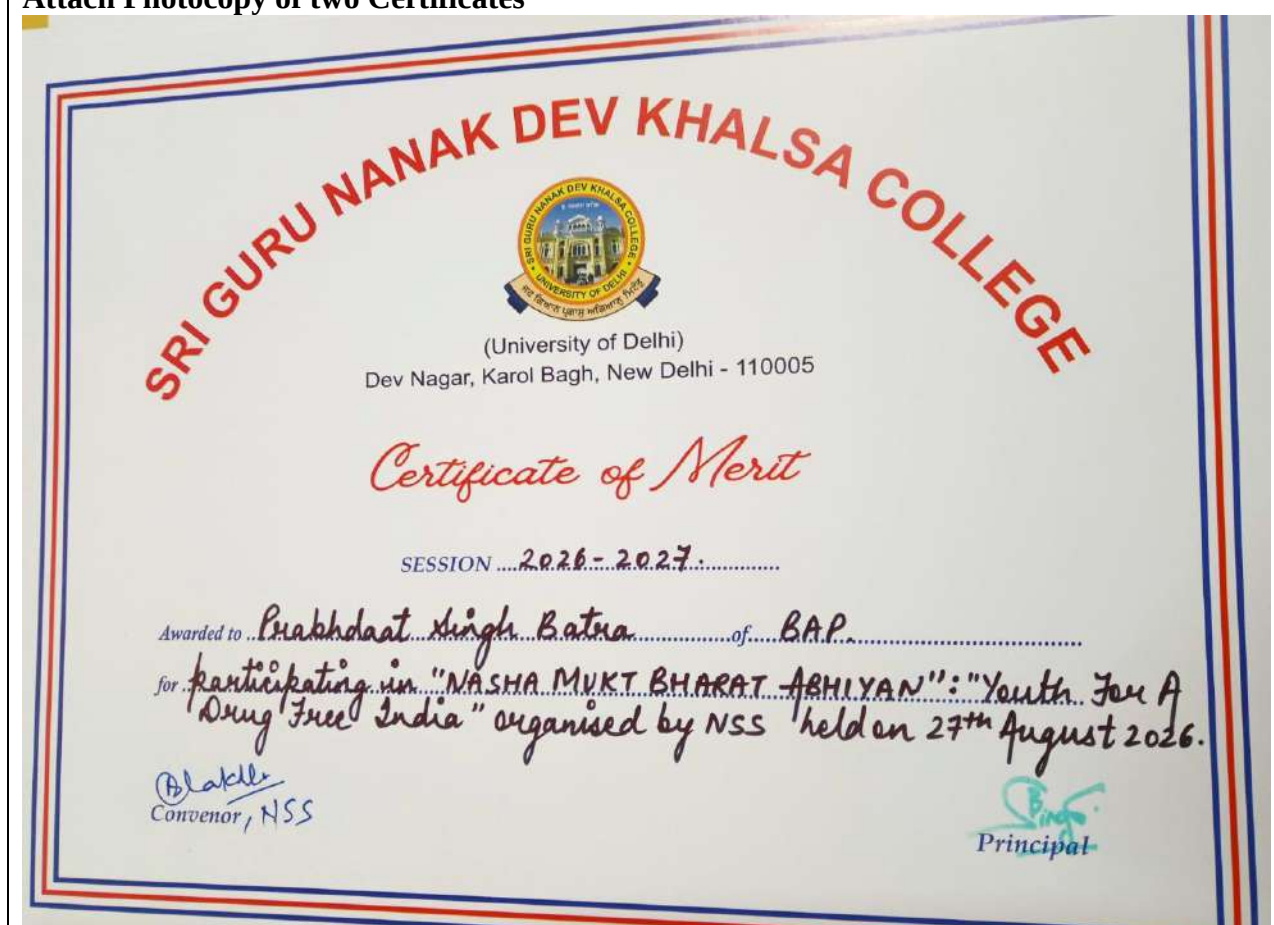
Pictures (Attach Five Photos)







Attach Photocopy of two Certificates



SRI GURU NANAK DEV KHALSA COLLEGE



(University of Delhi)
Dev Nagar, Karol Bagh, New Delhi - 110005

Certificate of Merit

SESSION 2026-2027

Awarded to Manraj Kaur of English [Honours].
for participating in "NASHA MUKT BHARAT ABHIYAN" - "Youth For A
Drug Free India" organised by NSS held on 27th August 2026.

Blakli.
Convenor, NSS

Singh
Principal

Signature:

Name: Dr. Bhawna Kohli

(Convenor)