

## SRI GURU NANAK DEV KHALSA COLLEGE (UNIVERSITY OF DELHI)



## **EVENT REPORT**

NAME OF THE EVENT: YOGA DAY 2024

DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS NAME
21 JUNE 2024		NCC	LT. DR. GHANSHYAM BAIRWA
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: OUTDOOR/INDOOR
0800 hrs to 1000 hrs	COLLEGE PREMISES	20	OUTDOOR

FINANCIAL SUPPORT/ASSISTANCE (If any):	N/A
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## BRIEF INFORMATION ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY	YOGA DAY	
OBJECTIVES	PERFORM VARIOUS YOGA ACTIVITIES AND POSES	
METHODOLOGY	Yoga performed under Instructors Guidance	

## **Post Event Report**

Title of Event: International Yoga Day

Organized by: The VIJYANT NCC

Date: June 21,2024

Report of the event:

On June 21, 2024, the National Cadet Corps (NCC) cadets celebrated International Yoga Day with great enthusiasm and zeal. The event was held at collage premises and saw the participation of cadets, officers, and instructors. The celebration aimed to promote the physical, mental, and spiritual well-being of individuals through the practice of yoga.







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Signature:

Name: Lt. (Dr.)Ghanshyam Bairwa

(Convenor)