



**SRI GURU NANAK DEV KHALSA COLLEGE
(UNIVERSITY OF DELHI)**



Invites everyone in the programme on

MEDITATION AND MENTAL HEALTH

UNDER THE AEGIS OF

"HAR GHAR DHYAN"

ORGANIZED BY UNIVERSITY OF DELHI

UNDER THE AUSPICES OF

**AZADI KA AMRIT MAHOTSAV
AND CENTENARY CELEBRATIONS**

WITH THE AUGUST PRESENCE OF

**PARAM SHRADDHYAY SHRI SHRI RAVI SHANKAR JI
SHRI BRIJ LAL JI**

MARCH 3, 2023 | 3:00PM - 5:30PM

VENUE - MULTIPURPOSE HALL, UNIVERSITY OF DELHI

Prof. Deepmala
(Nodal officer, Azadi ka
Amrit Mahotsav)

Prof. Gurmohinder Singh
(Principal)

Prof. Yogesh Singh
(Vice chancellor, DU)

Himanshu Sharma//7830747244
(Student Coordinator)

"Brilliant things happen in calm minds. Be calm. You're brilliant."

Bonjour Everyone! ❤️

Sri Guru Nanak Dev khalsa college Invites everyone in the Programme on
"Meditation and Mental Health" programme under "Har Ghar Dhyan."

This Event is organized by University of Delhi under the auspices occasion of Azadi
Ka Amrit Mahotsav and Centenary Celebrations of University of Delhi.. ✨ ✨ ✨

🔗 Details of the event are as follows:

📅 Date - *03rd March, 2023*

🕒 Timing - *3:00 PM to 5:30 PM*

📍 Location - *Multipurpose Hall, University of Delhi*

👏 Chief Guest - *Param Shraddhyay Shri Shri Ravi Shankar Ji* & *Shri Brij Lal ji*

Note:- please try to reach an hour before the event to avoid rush.. ⚡ ⚡

Join us with full enthusiasm and make this event a memorable one ✨

All those who are interested are requested to fill the form given below-

<https://docs.google.com/forms/d/e/1FAIpQLSdq6wEONRv2fX9II8LxkA6RZAI0cIUQOS5kjY5OAzpf7bnQA/viewform?usp=sharing>

Incase of any queries, contact :
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