



Sri Guru Nanak Dev Khalsa College
University of Delhi



National Service Scheme

is organising a

Yoga Session

on the occasion of

International Yoga Day



SPEAKERS

Shivraj Singh Shekhawat

MEDITATION & DISEASE YOGA EXPERT

and

Deepak

YOGA TEACHER WITH THE ART OF LIVING



21st June 2022



7:30 am



Google meet

Dr. Deepmala

(NSS Programme Officer)

Dr. Savilata Yadav

(Coordinator)

Prof. Gurmohinder Singh

(Oftg. Principal)



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We all wish for world peace, but world peace will never be achieved unless we first establish peace within our own minds.

— Geshe Kelsang Gyatso ✨🧘

Greetings Everyone!! 🦋

🌻 *National Service Scheme Of Sri Guru Nanak Dev Khalsa College* is obliged to announce that we are celebrating this *International Yoga Day* by organising *Live Yoga Session*. 🌻

Mr. Shivraj Singh and Mr. Deepak
Will be our Yoga Instructors for the day.

We request everyone to come and join us 🙏😊



Date - 21st June, 2022



Time - 7:30 A.M. - 8:30 A.M.



Venue - Google Meet

Link for the meeting :-

<https://meet.google.com/tjs-ibwq-cnd>

For any query, feel free to contact 🙏



Mantasha - 7017351530



Anshul kaushik - 7678384754