



**Sri Guru Nanak Dev Khalsa College
Dev Nagar, New Delhi - 110005**

Notice

All students and Faculty members are cordially invited to attend the following Programme:

Nature of Event: Educational Program

Title of Event (if any): Workshop on Role of Nutrition and life
Style for Sustainable Healthy Living among Youth

Organising Body: —

Department/ Society: Samya Society

Date - 13th Nov. , 2025

Time: 12.30pm onwards

Duration: 1.30 Hrs.

Venue/ Platform: Seminar Hall.

Link (if any): N.A.

Signature: Shobhika

Name: Dr SHOBHIKA MUKUL

(Convenor)



SRI GURU NANAK DEV KHALSA COLLEGE
(UNIVERSITY OF DELHI)
NAAC ACCREDITED GRADE "A"
UNDER THE AEGIS OF IQAC



SAMYA - THE GENDER SENSITISATION SOCIETY

ORGANISES
WORKSHOP
ON

**ROLE OF NUTRITION AND LIFESTYLE FOR
SUSTAINABLE HEALTHY LIVING AMONG YOUTH**

MS. PREETI GUPTA

Senior Nutritionist
Founder of Perfect Health



13TH NOVEMBER 2025



SEMINAR HALL



12:30 PM ONWARDS



Dr. Shobhika Mukul
(Convenor)

Dr. Rinki Dahiya and Dr. Anju Dagar
(Co-convenors)

Dr. Baljeet Singh
(Oftg. Principal)