



**SRI GURU NANAK DEV KHALSA COLLEGE**  
(UNIVERSITY OF DELHI)



## **NATIONAL SERVICE SCHEME**

in collaboration with

### **GIRLUP PREET**

(Under the aegis of IQAC)

**Organises**

## **SELF DEFENCE WORKSHOP**

on occasion of

*International Women's Day*



10th March '22 - 17th March '22

9 AM - 10 AM

**Dr. Deepmala**  
(NSS Programme Officer)

**Ms. Nidhi Verma**  
(Convenor - GIRLUP PREET)

**Dr. Savilata Yadav**  
(Coordinator)

**Prof. Gurmohinder Singh**  
(Oftg. Principal)



girlup.preet

Roshni - 9717293144

Mantasha - 7017351530



nss.sgndkhalsa

\*"Self-defense is not only our right; it is our duty."\*  
- Ronald Reagan

Greetings 🌟

\*NSS (National Service Scheme)\* unit of Sri Guru Nanak Dev Khalsa College, University of Delhi in collaboration with the \*GirlUp Preet\* Society of Sri Guru Nanak Dev Khalsa College is organising a \*"SELF DEFENSE WORKSHOP"\* under \*\_SPUWAC , Delhi Police\*\_ on occasion of ``International Women's Day``.

Our aim is to empower the girls with techniques to handle an attack independently.

The details of the drive are as follows:

- 📌 DATE: 10th March'22 to 17th March'22
- 📌 TIME: 9 AM - 10 AM
- 📌 VENUE: College Premises

Looking forward to your participation and making this event a huge success! ✨

Stay tuned for further updates!

<https://www.instagram.com/nss.sgndkhalsa/>

For more details kindly contact 🙋

\*📞 MANTASHA:\* 7017351530

\*📞 ROSHNI:\* 9717293144

डॉ दीपमाला  
कार्यक्रम अधिकारी  
राष्ट्रीय सेवा योजना