



**Sri Guru Nanak Dev Khalsa College  
Dev Nagar, New Delhi - 110005**

**Notice**

**All students and Faculty members are cordially invited to attend the following Programme:**

**Nature of Event** : **A workshop**

**Title of Event** : **योग और ध्यान: प्रत्येक व्यक्ति का कल्याण**

**Organising Body** : **Sri Guru Nanak Dev Khalsa College**

**Department/ Society** : **Har ghar dhyan**

**Date** : **10/02/2026**

**Time** : **11:00AM**

**Duration** : **2 hour**

**Venue/ Platform** : **Room no 102**

**Signature :**

A photograph of a handwritten signature in blue ink, which appears to read "Hardeep".

**Name:** **Dr. Hardeep kaur**  
**(Convenor)**



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SRI GURU NANAK DEV KHALSA COLLEGE  
(UNIVERSITY OF DELHI)

NAAC ACCREDITATION GRADE "A"  
Under The Aegis Of IQAC



## "Har Ghar Dhyan"

Is Organising  
*Workshop*

योग और ध्यान- प्रत्येक व्यक्ति का कल्याण



Mrs . Saroj sharma  
(Expert in yoga and meditation)



10/02/26



11:00Am



Room no.102

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Dr. Hardeep kaur  
Convenor

Dr. Anju bala  
Co convenor

Dr. Baljeet singh  
Principal