SRI GURU NANAK DEV KHALSA COLLEGE
(UNIVERSITY OF DELHI)
NAAC Accredited "A"
DEV NAGAR, NEW DELHI-110 005

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Notice

All students and Faculty members are cordially invited to attend the following Programme:

Nature of Event: Workshop

Title of Event (if any) : जीवनमेंयोग, प्राणायामऔरध्यानकामहत्त्व

Organising Body:HarGhar DhyanCommittee

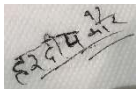
Department:N/A

Date &Time:04-11-2026 (Wednesday), 1:50PM onwards

Duration:02 Hours

Venue:Collegeroom no. 102

Link (if any): https://www.sgndkc.org/sk/page.php?view=har%20ghar%20dhyan&page=societies

Signature: 

Name: Dr. Hardeep Kaur (Hindi Department)

(Convenor)

SRI GURU NANAK DEV KHALSA COLLEGE
(UNIVERSITY OF DELHI)
NAAC ACCREDITATION GRADE "A"
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Har Ghar Dhyan

Is Organising

Workshop

जीवन में योग ,प्राणायाम और ध्यान का महत्व



Mrs . Saroj Sharma
(Expert in Yoga & Meditation)

04/11/2026

1:50pm

Room no.102

Dr. Hardeep Kaur	Dr. Anju Bala	Dr. Baljeet Singh
Convenor	Co-Convenor	Principal