

SEC: Life Skills Semester 3

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Question Bank

1. Define basic Life Skills with examples from everyday spaces.
2. Love, compassion, patience and tolerance are inextricably tied with Life skills. Do you agree? Give a well-reasoned answer.
3. Life skills education is more than teaching skills. In light of the above statement, describe the life skills as a practical guide to quality programming.
4. Critical thinking, open minds, and empathy can take educated youth to good employability.
Give a few examples to substantiate the statement with reference to the readings prescribed in the syllabus.
5. Social welfare organisations utilise life skills to transform society. Do you agree? If yes, elaborate and give instances from the fieldwork.
6. What measures can be taken to strengthen life skills for youth? Describe.
7. Mentoring, interview preparation, mock group discussions etc., are effective career-building skills. Elaborate.
8. In professional spaces, it is important to build social etiquette and collaborative strategies for a good work culture. List down some salient points in this context.
9. Write a note on Life skills in India with a special focus on equipping the youth and children with life skills for nation-building.
10. There is a need to emphasise developing life skills of the young population as, quite often emphasis is laid on academic performance undermining the importance of developing life skills. Suggest in what ways can the attitude be altered and more awareness can be created towards this goal.