



Faculty Details Proforma for Website

| Name | DR. RAJWANT SINGH | Photograph |
|---------------------------------|--|-------------------------------|
| Designation & Department | Assistant Professor Physical Education & Sports Science | |
| Date of Joining the institution | Ad-hoc 25.07.2012 | |
| Date of Birth | 23.06.1971 | Cariford . |
| Address | C-88, Jalvayu Vihar, Sector-21, Noida, Uttar Pradesh-201301 | |
| Phone No Office | 01128729399 | |
| Residence | | |
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| Educational Qualif | fications | |
|--------------------|---|---|
| Degree | Institution | Year |
| | Indira Gandhi Institute of Physical | 1991 |
| BSC | Education & Sports Sciences (University of | |
| PE.HE.SPORTS | Delhi) | |
| | Indira Gandhi Institute of Physical | 1992 |
| | Education & Sports Sciences (University of | |
| PGDP Ed. | Delhi) | |
| | SESS College of Education, North | 1993 |
| MP Ed. | Maharashtra University, Jalgaon | |
| | MLB College, Jiwaji University, Gwalior | 1997 |
| MA Psychology | | |
| Ph D | CCS University, Meerut | 2010 |
| Administrative Ass | signments | |
| Organized A | Annual Sports Day from 2013 to 2020. | |
| Organized A | Annual Inter College Cricket Tournament in 2018 | 3 & 2019 |
| Organized I | nter College Athletic Meet for Visually Impaired | (ANKUSH) in 2019 |
| > Organized N | National Level ONLINE Yoga Tournament On 1 ^s | ^t & 2 nd June, 2020 |
| - | Online Yoga Classes in May 2020 | / |
| U U | Online Aerobics Classes in May 2020 | |
| - | Admission Committee from 2013 to 2021 | |
| > Member of | Sports Committee from 2013 to 2021 | |

Member of Sports Committee from 2013 to 2021

Member of Library Committee from 2013 to 2021

Member of Discipline Committee from 2013 to 2017





- > Member of Annual Day Committee from 2017 to 2019
- > Member of Fresher's party from 2017 to 2019
- > Member of Art & Culture Committee from 2019 to 2021

Areas of Interest / Specialization

- > I have interest in teaching Physical Fitness, Wellness & Sports Psychology.
- Specialization includes Hockey, Basketball, Table Tennis, Athletics & Human Behaviour
 Keen Interest in learning about Historical Aspects of Ancient Indian History with special emphasis on its variables.
- Sikh History, Life Sketch of Sikh Gurus & Teachings in modern day life.
- > Comparative study of various Religions is another area of Interest.

Subjects Taught

Physical Education & Sports Science - Application Course

Generic Elective Course (GE)

Research Guidance

Publications Profile (Articles/ Books Published/ Books Edited)

Books

- Sports Psychology (ISBN 978-81-7844-249-5), K.K. Publications, Darya Ganj, Delhi, 2017.
- Performance Enhancing Indicators of Cricket Players, (ISBN 978-81-7844-265-5), K.K. Publications, Darya Ganj, Delhi, 2017.
- Research Methods and Statistics in Physical Education (ISBN 139788175243644), Khel Sahitya Kendra, Darya Ganj, Delhi, 2018.
- Balanced Education (ISBN 978-93-88457-66-8), Friends Publication, Darya Ganj, Delhi, 2020.

Articles in Journals

- * "An Analysis among Physiological and Physical Fitness of Middle distance and Long-Distance Runners," *International Journal of Advanced Computer Research, ISSN 2249-7277*, pp. 979-84, 2014.
- "A Comparative Study of Male Aggression between Kabaddi and Kho-Kho Players," International Human Research Journal, ISSN 2347-7067, pp. 1-4, 2014.
- "A Meta-analysis of Different Sports of Competitive-state Anxiety," International journal of Physical Education, Sports, and Health, ISSN 2394-1685, pp. 361-363, 2016.
- Stress Role in Sports Performance of Athletes," International journal of Physical Education, Sports, and Health, ISSN 2394-1685, pp. 278-80, 2017.
- "A Good Sports Performance Influenced Through Nutritional Factors," *International Journal of Physiology, Nutrition, and Physical Education, ISSN 2456-0057*, pp. 326-28, 2017.

Conference Organized





Organized A National Webinar Entitled "Physical & Mental Performance Enhancement During Lockdown" On June 10th 2020

Research Projects (Major Grants/Research Collaboration)

Awards and Distinctions

Association With Professional Bodies

- Associated as an All India Observer with Association of Indian Universities (AIU) in the Field of Hockey & Basket ball
- > National Observer for CBSE National Meet
- > International Association of Sports Sciences
- > Indian Premier Academy of Sports Sciences & Physical Education
- > Physical Education Foundation of India
- > Jawaharlal Nehru Hockey Tournament Society

Seminars/Webinars/Conferences /Workshops Attended

- New Perspectives on Nature Conservation in Post Covid -19 Era Organized by IQAC On 5th June 2020
- "Leave Rules" organized by IQAC On June 11th, 2020
- > "Punjabi Rangmanch: Dasha te Disha" organized by IQAC on June 11th,2020
- "Introduction of Psychic Energy Centre (Chakras) & its Meditation Practice" organized by SLC (University of Delhi) on June 13th 2020
- > "Sexual Harassment of Women at Work place" organized by IQAC On June 16th 2020
- "International Olympic Day" organized by Aryabhatta College on June 23rd 2020
- "अर्थव्यवस्था पर कोविड का प्रभाव एवं स्वदेशी विचारों का महत्व व सार्थकता " organized by IQAC On June 3rd 2020

Other Activities (FDP's/Refresher Course)

Past experience (If any, Give details)