



Faculty Details Proforma for Website

Name	DR. RAJWANT SINGH	Photograph	
Designation & Department	Assistant Professor Physical Education & Sports Science		
Date of Joining the institution	Ad-Hoc –25.07.2012 Permanent :13 November 2024		
Date of Birth	23.06.1971		
Address			
Phone No	Office		01128729399
	Residence		-----
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Email Address	rajwantsingh.a@sgndkc.du.ac.in		

Educational Qualifications		
Degree	Institution	Year
BSC PE.HE.SPORTS	Indira Gandhi Institute of Physical Education & Sports Sciences (University of Delhi)	1991
PGDP Ed.	Indira Gandhi Institute of Physical Education & Sports Sciences (University of Delhi)	1992
MP Ed.	SESS College of Education, North Maharashtra University, Jalgaon	1993
MA Psychology	MLB College, Jiwaji University, Gwalior	1997
Ph D	CCS University, Meerut	2010
Administrative Assignments		
<ul style="list-style-type: none"> ➤ Organized Annual Sports Day from 2013 to 2020. ➤ Organized Annual Inter College Cricket Tournament in 2018 & 2019 ➤ Organized Inter College Athletic Meet for Visually Impaired (ANKUSH) in 2019 ➤ Organized National Level ONLINE Yoga Tournament On 1st & 2nd June, 2020 ➤ Organized Online Yoga Classes in May 2020 ➤ Organized Online Aerobics Classes in May 2020 ➤ Member of Admission Committee from 2013 to 2021 ➤ Member of Sports Committee from 2013 to 2021 ➤ Member of Library Committee from 2013 to 2021 ➤ Member of Discipline Committee from 2013 to 2017 		



- **Member of Annual Day Committee from 2017 to 2019**
- **Member of Fresher's party from 2017 to 2019**
- **Member of Art & Culture Committee from 2019 to 2021**

Areas of Interest / Specialization

- **I have interest in teaching Physical Fitness, Wellness & Sports Psychology.**
- **Specialization includes Hockey, Basketball, Table Tennis, Athletics & Human Behaviour**
- **Keen Interest in learning about Historical Aspects of Ancient Indian History with special emphasis on its variables.**
- **Sikh History, Life Sketch of Sikh Gurus & Teachings in modern day life.**
- **Comparative study of various Religions is another area of Interest.**

Subjects Taught

**Physical Education & Sports Science - Application Course
Generic Elective Course (GE)**

Research Guidance

Publications Profile (Articles/ Books Published/ Books Edited)

Books

- *Sports Psychology* (ISBN 978-81-7844-249-5), K.K. Publications, Darya Ganj, Delhi, 2017.
- *Performance Enhancing Indicators of Cricket Players*, (ISBN 978-81-7844-265-5), K.K. Publications, Darya Ganj, Delhi, 2017.
- *Research Methods and Statistics in Physical Education* (ISBN 139788175243644), Khel Sahitya Kendra, Darya Ganj, Delhi, 2018.
- *Balanced Education* (ISBN 978-93-88457-66-8), Friends Publication, Darya Ganj, Delhi, 2020.

Articles in Journals

- "An Analysis among Physiological and Physical Fitness of Middle distance and Long-Distance Runners," *International Journal of Advanced Computer Research*, ISSN 2249-7277, pp. 979-84, 2014.
- "A Comparative Study of Male Aggression between Kabaddi and Kho-Kho Players," *International Human Research Journal*, ISSN 2347-7067, pp. 1-4, 2014.
- "A Meta-analysis of Different Sports of Competitive-state Anxiety," *International journal of Physical Education, Sports, and Health*, ISSN 2394-1685, pp. 361-363, 2016.
- "Stress Role in Sports Performance of Athletes," *International journal of Physical Education, Sports, and Health*, ISSN 2394-1685, pp. 278-80, 2017.
- "A Good Sports Performance Influenced Through Nutritional Factors," *International Journal of Physiology, Nutrition, and Physical Education*, ISSN 2456-0057, pp. 326-28, 2017.

Conference Organized



- **Organized A National Webinar Entitled “Physical & Mental Performance Enhancement During Lockdown” On June 10th 2020**

Research Projects (Major Grants/Research Collaboration)

Awards and Distinctions

Association With Professional Bodies

- **Associated as an All India Observer with Association of Indian Universities (AIU) in the Field of Hockey & Basket ball**
- **National Observer for CBSE National Meet**
- **International Association of Sports Sciences**
- **Indian Premier Academy of Sports Sciences & Physical Education**
- **Physical Education Foundation of India**
- **Jawaharlal Nehru Hockey Tournament Society**

Seminars/Webinars/Conferences /Workshops Attended

- **New Perspectives on Nature Conservation in Post Covid -19 Era Organized by IQAC On 5th June 2020**
- **“Leave Rules” organized by IQAC On June 11th, 2020**
- **“Punjabi Rangmanch: Dasha te Disha” organized by IQAC on June 11th,2020**
- **“Introduction of Psychic Energy Centre (Chakras) & its Meditation Practice” organized by SLC (University of Delhi) on June 13th 2020**
- **“Sexual Harassment of Women at Work place” organized by IQAC On June 16th 2020**
- **“International Olympic Day” organized by Aryabhatta College on June 23rd 2020**
- **“अर्थव्यवस्था पर कोवड का प्रभाव एवं स्वदेशी ववचारों का महत्व व सार्थकता ” organized by IQAC On June 3rd 2020**

Other Activities (FDP's/Refresher Course)

Past experience (If any, Give details)